

Comments from participants

... the session was like an experience of free-diving and breathing: free-diving, as when one remains firm, still and silent as facing something new and unexpected like a new vision; and breathing, as when one savours its beauty and potential ... psychologist 2010

... it is curious to see the relational traps in which we fall daily, to become reality in front of you ... social worker 2010

... for the first time ever, I've seen something that pushes the social workers to experience what does really mean to be homeless ... service user 2010

... I felt many things, I received many input, I perceived the fresh breeze of a way to work different from all I have been told so far... social worker 2010

... we thought that your MultiPolis game would be worth looking more precisely... Belgium 2008

... I was very interested in the MultiPolis tool to use it in the training of our care workers... Ireland 2007

... it gives opportunities to go beyond the traditional professional roles and challenges to explore situations in an open way ... Finland 2007

the Principles

Multi-Polis is a role-play tool, addressed to professionals, students and everyone who wishes to experience what's behind social exclusion, education, psycho-pedagogy ... through a self-experience of the differences forms and dynamics in a relation-of-care ...

Multi-Polis helps participants to perceive dimensions and meaning of the relation of care with people, who's taken as individual before being patient, client, user ...

Participants will be conducted to this experience in a protected setting in which everyone can meet his/her own logical space and time to focus on "what" is happening around

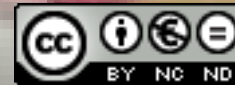
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Multi Polis

...again and again the individual case turns out to be unimportant, but the possibility of each individual case discloses something about the essence of the world...

the origin

Multi-Polis origins from the challenge to open up new ways and possibilities for analysis, critics, disposability to what is other and what belongs to others

As a translation of the holistic approach into a pragmatism experience, Multi-Polis supports paths to awareness-raising concerning the simple complexity of what stands around the dynamics in the relation of giving/taking care.

The methodology

Multi-Polis is an educational role-play tool the participants have the opportunity to experience themselves as personification of case studies, of various institutions or of general situations that might happen to the topics at stake.

Multi-Polis adopts the methodology of role-play focusing on relational dynamics.

Multi-Polis:

- > is reproducible
- > is adaptable to different themes
- > adopts an holistic approach and a bottom-up perspective
- > is adaptable to supervision, training, seminars, conference ...

Functions

In conformity with its given approach, Multi-Polis is structured on easy steps that define between participants a common path that allows to learn from the direct experience of playing.

The functional steps are:

- > preparation and introduction
- > simulation and role-play
- > sharing
- > collective confrontation
- > restitution by the conductor

Aims & objectives

Multi-Polis aims to be a tool that allows to learn through the experience of play and of collective sharing.

Multi-Polis objectives is to help participants

to deepen the dynamics of care-giving relation, to be able to express meanings related to the experience itself, the power games, the users position ...

The sharing and the collective confrontation allows participants to share their experience, focusing on the main theme, with great care in handling prejudices, opinions, personal-judgements and emotions.

Multi-Polis original versions are based on people experiencing homelessness and women victims of violence.

Equipment:

Multi-Polis equipment consists in:

- > octagonal game board in pvc (mt. 4x4)
- > three concentric octagons
- > external crown with itemised cells
- > a number of case-study cards, to be proportional to participants
- > 4 situational cards in each itemised cell
- > 2 rubber-foam dices

Both the game board cells, the case-study cards and the situational cards can be changed in order to properly reflect the issue at stake.

The diffusion

Multi-Polis is used since 2006 in training supervisions and conferences in Italy and in Europe.

As example, it was used during:

- > training financed by European Social Fund at Institute for Social Study and at Foundation Solidarity in the Community in Trent
- > supervisions in Turin, La Spezia, Trent, Vicenza
- > seminars in Turin, Verona, Bergamo, Trent, Rovereto, La Spezia
- > workshops in Vienna, Malmö, Turin, Verona, Saragozza